

# AUSTRALIAN INSTITUTE OF HEALTH PROSPECTUS

## CONTENTS

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|   | Page  |
|---|-------|
| Welcome .....   | 4     |
| 1 About Australian Institute of Health (AIH).....           | 5     |
| 2 What is Colon Therapy?.....                               | 5     |
| 3 Colon Therapy as a Career .....                           | 5     |
| 4 Courses Offered .....                                     | 7     |
| - Certificate in Colonic Irrigation (Brunelle Method) ..... | 7     |
| - Bridging Course (Brunelle Method) .....                   | 10    |
| - Iris Reading for Colon Therapists .....                   | 13    |
| 5 Assessment .....  | 13    |
| 6 Student Support .....                                     | 13    |
| 7 How to Apply .....  | 15    |
| 8 Refund Policy .....                                       | 15    |
| 9 About the Tutor .....                                     | 15    |
| Application Form .....                                      | 16/17 |



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## Welcome

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Welcome to the Australian Institute of Health (AIH) and thank you for your interest in studying with the Institute.

The interest in and acceptance of colonic irrigation is on the increase globally. AIH courses have been developed to meet the growing need for professionally qualified colon therapists to work within a field which is gaining greater credibility as a successful therapy.

The aim of the courses are to train professional and credible therapists to enter this growing field. If you are truly interested in becoming a colon therapist, we encourage you to investigate what other courses are offered within the field, both in Australia and internationally, as we believe the courses offered by the Australian Institute of Health are the best of their type in the world.

It is also important to note that the courses offered are the only courses available globally, which are based on the colonic irrigation method developed by Dr Roy De Welles. This method is the preferred method because of its safety, and its ability to utilize a pulsating action and to work with colon reflexology, thus making it a therapy that works with the whole body.

If you have further queries after reading the prospectus, please do not hesitate to contact us. We can be contacted via post, phone, fax or email.

Once again, thank you for your inquiry.

John Bruniges *ACHA, ATMS*  
**Principal**

# 1. About Australian Institute of Health (AIH)

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## Mission Statement

The mission of the Australian Institute of Health is to educate students in the benefits of a greater awareness of health, so that they may use their knowledge in a therapeutic and inspirational way to benefit others.

## Development

As no educational institutions were available to support the advancement of natural colon health, John Bruniges, of Taringa Health Centre, Australia, founded AIH in 1999 from a need to provide quality vocational and continuing education in this developing field.

The Institute will be looking to offer further vocational and lifestyle courses in natural health.

## 2. What is Colon Therapy?

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Colonic *irrigation* is safe and effective. It removes waste from the colon or large intestine. As the colon is the disposal organ for solid waste matter and toxins from the body, it is very important that it should be kept functioning properly at all times. For this reason, colonic irrigation is helpful in assisting with the proper functioning of the colon.

However, colon *therapy* does more than this. The colon does more than just help to remove solid waste matter and toxins from the body. The colon has reflex points to all parts of the body. Waste matter and toxins, which are allowed to remain in the colon, will have an effect on the performance of other organs of the body. The philosophy of colon therapy is to quickly help a person improve their bodily functions and so improve their health.

The benefits from colon therapy are many. It can improve overall health because, if the colon is not functioning properly, neither will any other part of the body. The colon is the most important organ for maintaining good health.

Every considered health problem from headaches to shingles to arthritis can be helped by colon therapy. However it is not a cure-all therapy. Other therapies must be employed to maintain good health. But a malfunctioning colon is the greatest obstacle to good health. When other therapies are rendered, they are far from giving optimum benefit if the colon is not functioning properly.

## 3. Colon Therapy as A Career

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Colonic irrigation is becoming increasingly recognized as a powerful therapy, not only amongst natural therapists, but its benefits and uses are now becoming apparent within orthodox medicine.

The general public is fast becoming aware of the benefits of colonic irrigation and a world wide 'trend' is taking place around the therapy. Health journals, newspapers, high profile celebrities and even Hollywood films are all assisting in the promoting of colonic irrigation as an acceptable therapy. A quick surf on the Internet will show just how prevalent colonic irrigation has become.

Colonic irrigation therapists have clinics in the US, UK, Europe, and in most states of Australia. Many natural health clinics want colon therapy to become a part of their services. Apart from the monetary value of having a business of your own, or adding to your present therapy, monetary returns for colonic irrigation therapists are naturally related to the amount of colonic consultations performed. About six colonic sessions can be performed comfortably per day. Colon therapists are currently charging between \$70.00 and \$95.00 per colonic. Other than initial costs of equipment and training, overheads are relatively low.

#### 4. Courses Offered

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### Certificate in Colonic Irrigation (Brunelle Method)

#### **Course Aim**

The aim of the course is to prepare candidates with the knowledge and skills necessary to enter the growing professional field of colonic irrigation, in accordance with the standards of education accepted by the *Australian Colon Health Association*. Students graduating from the course will be able to successfully perform a colonic and a client interview.

#### **Course Structure**

The Certificate in Colonic Irrigation course is a vocational course using the Brunelle Method of Colonic Irrigation. This is the most advanced form of colonic irrigation, so a person competent in this method is able to perform any method, closed or open. It is a 240 hour self paced course consisting of 6 theory modules, which are studied by correspondence, and 1 practical module, which must be undertaken on the Gold Coast, Queensland. (Other locations may be available soon).

The theory modules prepare the students to undertake 3 weeks of intensive practical training. 20 hours of study is allocated to each theory module, whilst 120 contact hours are allocated to the practical module.

The course can be commenced at any time. The practical module may be commenced at a convenient time for the student and the AIH hosting clinic.

#### **Duration of Course**

It is recommended that the theory modules be completed within 12 weeks, however students may complete it in more or less time if they wish. This will naturally be governed by the amount of time the student can dedicate to study.

The final practical module requires 3 weeks of full time contact.

The course (theory and practical modules) must be completed within a 12-month period.

#### **Who Should Apply**

Applications are open to:

- Those interested in a career in colonic irrigation.
- Practitioners from allied fields wishing to specialize in colonic irrigation.

### **Course Pre-requisites**

Candidates must have attained the age of 18 years at the commencement of the course.

### **Course Requirements**

The candidate must:

- Be willing to receive at least two colonic irrigation sessions during the Clinical Experience module.
- Complete the course (theory and practical modules) within a 12-month period.
- Attend three weeks Clinical Experience at an AIH hosting clinic.

### **Module Descriptions**

#### ***Module 1 - Introduction to Colonic Irrigation***

This module introduces colonic irrigation to the student. It covers the philosophy and history of colonic irrigation internationally and in Australia, the status of colonic irrigation in orthodox and natural medicine and the various methods of colonic irrigation.

#### ***Module 2 - Anatomy and Physiology for Colon Therapists***

This module is designed to focus on the areas of anatomy and physiology, which are relative and essential to the work of the colon therapists.

#### ***Module 3 - The Gastrointestinal Tract***

This module investigates the workings of the gastrointestinal tract in detail. It is necessary for the colon therapist to have a thorough understanding of the gastrointestinal tract, as the colon is a part of the tract, which is responsible for the homeostasis of the body.

#### ***Module 4 - Colon Therapy***

This module covers the benefits and uses of colon therapy, the use of the Brunelle equipment, hygiene, the protocol and procedure in administering a Brunelle colonic, and tools needed to support the client.

#### ***Module 5 - Oxygen Therapy***

Oxygen is used in the Brunelle method of colonic irrigation and the colon therapist must be aware of the various forms of oxygen. The module investigates the role of oxygen in orthodox medicine and the uses of oxygen therapies in Australia and internationally.

#### ***Module 6 - Introduction to Iridology for Colon Therapists***

Ignatz Von Peczely developed iridology in the mid 1800s. It is a system of analysis using the iris and its relationship to the rest of the body. In colon therapy, iridology is used as a tool to determine the shape and condition of the colon. It is also an advantage for the colon therapist to know the client's physical health and emotional status.

#### ***Module 7 - Clinical Experience***

This module is a culmination of the work studied throughout the course and provides the student with a professional environment in which to practice their skills under supervision. The module focuses on the practical aspects of iridology and the protocol and procedure of administering a colonic. Students will also personally experience colon therapy. The module includes practical case studies of clients using colon therapy.

### **Recognition of Prior Learning**

Modules offered within the course are not general subject modules. All modules focus specifically on colon therapy. Recognition of prior learning from other educational institutions or through professional experience will not be acknowledged.

Recognition of Prior Learning will only be granted to those who have completed either the *Brunelle Method Bridging Course* or the *Iris Reading for Colon Therapists Course* offered by AIH.

### ***Texts and Materials***

All students require the following texts and materials to undertake the course. They may be obtained from AIH.

Jensen, Bernard. *Iridology Simplified*.  
Iridologists International, California, 1980  
ISBN Nil

\$20.00 from AIH.

Atlas of Anatomy.  
Marshall Cavendish, London, 1995.  
ISBN 0 86307 416 2

\$10.00 from AIH. (Photocopied pages)

Altman, Nathaniel. *Oxygen Healing Therapies: for optimum health and vitality*.  
Healing Arts Press, Vermont, 1995  
ISBN 0 89281 527 2

\$57.00 from AIH.

### Iridology Materials

*Torch Light:* Mini Maglite \$35.00 from AIH

*Magnifying Glass:* Waltex Magnifier (2X & 4X) \$14.00 from AIH

AIH recommends that a medical dictionary be purchased, and recommends the following:

Mosby's Dictionary of Medicine, Nursing, and Allied Health.

\$52.00 from AIH.

### ***Award/Professional Recognition***

On successful completion of the course, the graduate will be awarded with a Certificate of Completion.

The Australian Colon Health Association recognizes the course, and graduates are eligible for professional membership of the association. Student membership is also available. More details can be obtained from AIH.

### ***Cost of Course***

The cost of the course is \$3,500.00 or two instalments of \$1,850.00. This does not include the cost of materials; travel; or accommodation costs required for attending the Clinical Experience module.

## **5. Assessment**

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Students will be assessed by satisfactory performance of written assignments and examinations and practical work and oral examination during their clinical experience.

## **6. Student Support**

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As each module is completed, regular feedback is given to each student.

The institute also offers assistance to students via telephone, email or fax if the need should arise. The Institute may close during the year, for short periods, in which case assistance will not be available. Students will be advised of dates.

## **7. How to Apply**

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All applicants must complete the application form enclosed. A telephone interview may also be required. Applicants will be notified in writing as to the outcome of their application.

## **8. Refund Policy**

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AIH aims to keep course costs as low as possible for students. If the course has been paid in full, no refunds will be available except in extenuating circumstances, in which case details must be furnished. No refunds will be available for payments by module.

## **9. About the Tutor**

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John Bruniges has been involved in natural health issues for more than twenty years, and in colonic irrigation as a therapist for more than eighteen years. He first studied colonic irrigation in Sydney under John Cooper D.C., who imported the first De Welles colonic units from California, USA. He has also completed a colonic irrigation course from Florida, USA.

John has certificates and diplomas in other natural health modalities including iridology, biochemistry (Schuessler), herbal medicine, urine and saliva analysis, and dark field microscopy.

Together with his wife Mary, John operates Taringa Health Centre on the Gold Coast, Australia, which has specialized in Colonic Irrigation since 1986.



*Courses Application Form*

🕒 **The Course**

|  |   |  |
|--|---|--|
|  | Certificate in Colonic Irrigation (Brunelle Method) | Seven (7) Modules - Certificate Course |
|--|---|--|

**Personal Details**

|                        |                      |             |         |
|------------------------|----------------------|-------------|---------|
| <b>Name</b>            | Title (Mr., Ms etc.) | Given Names | Surname |
| <b>Mailing Address</b> | Street               |             | Suburb  |
|                        | State                | Post Code   | EMAIL   |
| <b>Phone</b>           | Day                  | Evening     | Mobile  |

🕒 **Education and Training** *(Attach sheet if insufficient space)*

| Institution | Course | Dates Attended | Qualification Attained |
|-------------|--------|----------------|------------------------|
|             |        |                |                        |
|             |        |                |                        |
|             |        |                |                        |
|             |        |                |                        |

🕒 **Previous Health Related Work Experience** *(Attach sheet if insufficient space)*

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☉ **Why Do You Wish To Study This Course?** (*Attach sheet if insufficient space*)

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☉ **Institute Policy**

- The applicant agrees to comply with copyright conditions for each module.
- Students should not practice any of the skills learned prior to graduation unless under supervision during hours of clinical experience.
- During clinical experience hours, or at any time whilst attending the clinic at which clinical experience is being undertaken, students must adhere to the following:
  - They must not criticize, condemn or otherwise denigrate a member of the healing or any allied profession whilst in the presence of a client or any other lay person.
  - They must maintain total confidentiality of the health and other personal details of clients.
- AIH administration must be notified as soon as possible as to changes of address and phone numbers.
- AIH may make changes without notice to any aspect of the curriculum in order to maintain up to date course information.
- The course fee is not refundable, except under extenuating circumstances.

This application is true to the best of my knowledge, and I have read the Institute Policy contained on this form.

Signature \_\_\_\_\_ Date \_\_\_\_\_

- No payment is required with this form. You will be invoiced accordingly once your application has been accepted.
- Please post, email the completed form to:
  - Australian Institute of Health**
  - PO Box 116**
  - Chevron Island**
  - Queensland 4217**
  - Australia**
  - Email: [info@australianhealth.com](mailto:info@australianhealth.com)

THANK YOU FOR YOUR APPLICATION